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November 7, 1979

Mr. Thomas F. Ahrensfield
Mr. Max H. Crohn, Jr.
Mr. Joseph Greer
Mr. Arnold Henson
Mr. Ernest Pepples
Mr. Arthur J. Stevens

Re: Dr. Henry I. Russek
Dr. Linda G. Russek

Gentlemen:

Enclosed please find a research proposal by Dr. Henry I. Russek and Dr. Linda G. Russek entitled "Behavior Patterns and Strategies for the Mastery of Stress, Anxiety Reduction and Perceptual Functioning." Dr. Russek is requesting funds in the amount of \$48,500 to support, as a CTR Special Project, this 12 to 18-month study of behavior patterns and stress.

Dr. Henry I. Russek is a well known scientist in the field of cardiology. For many years, he was an active practitioner and researcher in New York City and held numerous positions at the United States Public Health Service Hospital on Staten Island, New York. Dr. Russek recently moved to Boca Raton, Florida, where he is practicing cardiology and working closely with his daughter, Dr. Linda G. Russek, on the relationship between stress and cardiovascular disease. Some of their views on the subject are contained in an article which is attached to this letter.

It is our view that Dr. Russek is involved in an important area of scientific research. Whether and to what extent

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behavior patterns and stress influence the occurrence of cardiovascular disease represent timely issues within the scientific community. We have discussed the proposal with Dr. Gardner and he believes it is worthy of support. We recommend that the Russek proposal be approved as a CTR Special Project.

Your earliest possible response would be appreciated.

Sincerely,


Patrick M. Sirridge

PMS:sh

Enc.

cc & enc: Mr. Alexander Holtzman
Ms. Janet C. Brown
Mr. Edwin J. Jacob

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